

IGI Mission and Vision

In October of 2007, The Dalai Lama, while visiting Indiana University, spoke of aspiring to "an internal disarmament" before taking on a weapons disarmament outside of ourselves. In the 1980's, The Indianapolis Gestalt Institute adopted the tag line "from the inside-out" to summarize our belief that we must do our own internal work as part of a process for being able to be fully present to others. We like what he said.

It is with this conviction that we imagine an Institute that can bring people together with the same passion ... that we can build a community whose members believe that we attend to our own inner "cleaning house" as we attend to each other.

We imagine an Institute that can:

- provide a place for personal therapy, couples work, group work, workshops and Gestalt Training for all professionals that find passion in helping a world to heal.
- support our members own unique contributions to the midwest by highlighting their clinical work, artistic expression and avocation
- and co-ordinate community events, presentations, movies, plays that have a theme of connection between all things

We believe that it is truly within relationship that we heal ..a relationship that can hold us safely and allow us to unfold, to express creatively and to feel fully alive ... whether that be one-on-one, in a small community or in a vibrant larger society.